



Soup, Salad and Potato Bar Luncheon

Soups (Choose 1)

- Chicken and Sausage Gumbo
- Smoked Tomato Bisque with a Mini Grilled Cheese
- Firehouse Chili with Cheddar
- Corn Chowder
- Southern Chicken and Vegetable
- Vegetable Beef Stew
- Loaded Baked Potato
- Chicken, Mushroom and Artichoke
- Beef and Barley Stew
- Mexican Chicken Tortilla

Salads (Choose 1)

- Tossed Garden Salad with mandarin oranges, cherry tomatoes, dried cranberries and thinly sliced cucumbers on a bed of romaine lettuce. Served with oven toasted garlic croutons and a red wine herb vinaigrette dressing.
- Classic Caesar Salad with freshly grated parmesan cheese and oven toasted garlic croutons. Served with a creamy Caesar dressing.
- Greek Mixed Green Salad with cucumbers, grape tomatoes, green olives, pepperoncini peppers and feta cheese. Served with oven toasted garlic croutons and a Greek dressing.
- Mixed Green Salad with fresh blueberries, candied walnuts and gorgonzola cheese on a bed of baby spinach and spring mix lettuce. Served with oven toasted garlic croutons and a citrus vinaigrette dressing.
- Strawberries, sugared pecans and caramelized red onions on a bed of Arugula & Bibb lettuce. Served with oven toasted garlic croutons and a poppy seed vinaigrette dressing.
- Mixed Green Salad with cucumbers, grape tomatoes, cran raisins, mandarin oranges and sugared pecans on a bed of baby spinach and spring mix lettuce. Served with oven toasted garlic croutons and a basil and tarragon dressing.
- Crisp Iceberg Wedges with Maytag bleu, crispy onions, and smoked tomatoes. Served with a balsamic reduction dressing.



MICHAEL FRANCIS
HEART & SOUL
CATERING

- Muffuletta Salad with tomato, bell pepper, olives, pepperoni and ham on a bed of mixed greens. Served with a balsamic feta dressing.
- Italian Salad with celery, onion, olives, cherry tomatoes and pepperoncini peppers on a bed of romaine lettuce. Served with oven toasted garlic croutons and an Italian dressing.

Potato Bar

Golden Yukon potatoes and sweet potatoes whipped to perfection **or** Golden Baked Potatoes with an assortment of toppings to choose from.

- Toppings (**choose 6**)
 - Shredded cheddar cheese
 - Chopped apple-wood bacon
 - Roasted vegetables
 - Scallions
 - Sautéed mushrooms
 - Chives
 - Butter and sour cream
 - Broccoli and cheddar cheese sauce
 - Brown sugar
 - Marshmallows
 - Praline sauce
 - Chili
 - Toasted pecans

Dessert

- An assortment of freshly baked cookies and double fudge brownies

Beverage (**Choose 1**)

- Sweet and Unsweet Tea
- Lemonade

❖ Cost

- \$14.50pp + Tax (9.25%)
- \$30 Delivery Fee

Notes

- Heart and Soul will deliver and setup food in aluminum pans.



MICHAEL FRANCIS
HEART & SOUL
CATERING

- Heart and Soul will provide all foam or paper plates/bowls, cups, napkins, and cutlery. Plastic disposables are available at \$2pp and China/glass rentals can be arranged.
- Client will provide any tablecloths, tables, chairs, floral arrangements, and centerpieces.
- Ice is available at an additional charge.
- Wire racks & sterno available at a separate fee of \$8.00 per set.
- Full-service events will incur additional labor fees & 18% Service charge.