



MICHAEL FRANCIS  
**HEART & SOUL**  
CATERING

### Box Lunch

(Please specify to be boxed individually or on platters)

- ❖ Freshly made sandwiches piled high with leaf lettuce, thinly sliced tomato and cheese on your choice of homemade breads including white, wheat, croissant, sundried tomato wrap or spinach wrap. Served with pickle spears, mayonnaise and mustard on the side. (choose up to 3)
  - Savory smoked turkey
  - Pit smoked ham
  - House smoked roast beef
  - Tuna salad
  - Chicken salad
  - Grilled portobella & roasted red peppers (Vegetarian)
  
- ❖ Dessert:
  - An assortment of freshly baked cookies and double fudge brownies
  
- ❖ Beverage Options: (choose 1)
  - Sweet and/or Unsweet Iced tea
  - Freshly squeezed lemonade
  - Bottled Water (add .50pp)
  
- ❖ Accompaniments (\$2 each add on)
  - Side Mixed Green or Caesar Salad
  - Potato chips
  - Homemade potato salad
  - Deli pasta salad with bowtie pasta, Greek olives, sun dried tomatoes, cherry tomatoes, artichokes, with Tuscany olive oil
  - Fresh Fruit
  
- ❖ Cost
  - Price per person: \$11.50+tax (Sandwich/Dessert/Beverage)
  - Optional Add Ons
  - Delivery: \$30.00

#### Notes

- Heart and Soul will deliver and setup food in aluminum pans. Please specify if individually boxed preferred (this will add .50pp).



MICHAEL FRANCIS  
**HEART & SOUL**  
**CATERING**

- Heart and Soul will provide all foam or paper plates/bowls, cups, napkins, and cutlery. Plastic disposables are available at \$2pp and China/glass rentals can be arranged.
- Client will provide any tablecloths, tables, chairs, floral arrangements, and centerpieces.
- Ice is available at an additional charge.
- Wire racks & sterno available at a separate fee of \$8.00 per set.
- Full-service events will incur additional labor fees & 18% Service charge.