



BBQ Menu (Priced per person)

- ❖ Starter \$3.00 Each
 - Mixed Green Salad with cucumber, tomatoes, cran raisins, mandarin oranges, feta cheese, chopped bacon w/assorted homemade dressing.
 - Oven roasted potato salad with bacon & chives
 - Creamy Cole slaw with grilled pineapple & fresh cilantro
 - BBQ pasta salad with penne pasta, pulled pork shoulder, sautéed onion, peppers w/smoked gouda in a BBQ vinaigrette

- ❖ Entrées
 - Slow smoked BBQ shoulder, slaw, sauce & buns \$4.50
 - Bacon wrapped pork loin w/grilled pineapple BBQ sauce \$4.50
 - Pit smoked ham w/honey mustard bourbon sauce \$4.50
 - Smoked turkey w/cranberry BBQ sauce \$5.00
 - Grilled chicken breast w/smoked apple BBQ sauce \$4.00
 - Smoked Chicken ¼'s w/smoked apple BBQ sauce \$4.00
 - BBQ Brisket w/peppercorn BBQ sauce \$7.00
 - Slow smoked ribs w/smoked apple BBQ sauce \$12.00
 - Cornmeal encrusted Catfish w/tartar sauce, hot sauce & lemons \$7.50
 - All Beef Hotdogs w/ condiments and relish \$3.50
 - Includes Baked Yeast Rolls & whipped butter

- ❖ Sides \$2.50 Each
 - 3 Cheese Mac & Cheese
 - Garlic Mashed potatoes
 - Oven roasted potatoes w/rosemary & garlic
 - Spaghetti w/tomato sauce
 - Oven Roasted vegetables w/rosemary & garlic
 - Squash casserole
 - Green beans with peppers, onions & garlic
 - Turnip greens with ham hocks (can be left out)
 - BBQ baked beans with chopped pork (can be left out)
 - Deviled eggs



MICHAEL FRANCIS
HEART & SOUL
CATERING

- Deli Pasta Salad with Bowtie Pasta, Greek Olives, Sun Dried Tomatoes, Cherry Tomatoes and Artichokes with Tuscany Olive Oil
- Homemade Potato Salad or Loaded Potato Salad
- ❖ Desserts \$2.50 each
 - Homemade banana pudding
 - Peach or apple cobbler
 - Baked bread pudding w/bourbon praline sauce
 - An Assortment of Cookies and Brownies
- ❖ Drinks \$6.00 per gallon
 - Sweet or Unsweet tea
 - Lemonade

Cost

- Food costs + Tax (9.25%)
- \$30.00 Delivery Fee

Notes

- Heart and Soul will deliver and setup food in aluminum pans.
- Heart and Soul will provide all foam plates/bowls, cups, napkins, and cutlery. Plastic disposables available at \$2pp and china/glass rental available for \$4pp.
- Client will provide any tablecloths, tables, chairs, floral arrangements, and centerpieces.
- Ice is available at an additional charge.
- Wire racks & sterno available at a separate fee of \$6.00 per set.
- Full service events will incur additional labor fees & 18% Service charge.